

Show your kids how much you love them

Apply for New Jersey's Kid-Friendly Programs



NJ FamilyCare/Advantage

Is your child one of the estimated 200,000 who are uninsured in New Jersey? Studies show that kids who are insured receive more consistent preventive care, including immunizations and vaccinations. Healthy children make better students. And healthy children means less time for parents in the hospital emergency room or at home, instead of working, when your child's sniffles turn into something bigger.

If your child is uninsured, apply today for NJ FamilyCare. Children in families with incomes at or below 350% of the federal poverty level (under \$78,225 per year for a family of four) are eligible. The plan includes primary care, specialists, hospitalization, prescription and dental benefits. Even if your income is higher, your child may still qualify for low-cost health insurance through NJ FamilyCare Advantage.

Call **1-800-701-0710** or go to www.NJFamilyCare.org to apply.



Vaccines for Children Program

Children without health insurance are eligible to receive low- to no-cost vaccinations through New Jersey's Vaccines for Children Program. This is a federally funded, state-operated vaccine supply program that provides pediatric vaccines at no cost to doctors to serve children who might not otherwise be vaccinated because of an inability to pay.

To find a location near you, please check with your physician's office, county or local health department, community health center or NJ FamilyCare provider (www.NJFamilyCare.org).

Women, Infants and Children – WIC

New Jersey WIC Services provides supplemental nutritious foods to pregnant, breastfeeding and postpartum women, infants and children up to the age of five.

WIC services include nutrition education and counseling, breastfeeding promotion and support, immunization screening and health care referrals.

Families with incomes up to 185% of the federal poverty level (\$41,348 for a family of four) may be eligible.

WIC service agencies are conveniently located throughout New Jersey and you can call toll free **1-866-44 NJ WIC (446-5942)** or visit the NJ Department of Health and Senior Services WIC webpage at www.nj.gov/health/fhs/wic/index.shtml

NJ SNAP

New Jersey's Supplemental Nutrition Assistance Program helps eligible families stretch their food dollar with monthly electronic benefits provided on a card that works like a credit or debit card. It can be used for grocery purchases to keep your children school-ready and fueled to learn. Families with incomes at or below 185% of the federal poverty level (under \$41,348 for a family of four) may be eligible.

Call **1-800-687-9512** to learn more about the NJ SNAP program or apply online at www.njsnap.org.

Free or Reduced School Lunch Program

The School Lunch Program provides a nutritious, well-balanced lunch at no cost for children in families earning at or below 130% of the federal poverty level (less than \$29,055 annually for a family of four) or at a reduced cost for children in families with incomes at or below 185% of the federal poverty level (\$41,348 annually for a family of four).

The program promotes positive eating habits, which fosters good health and academic achievement.

During the beginning weeks of school, paperwork on the Free or Reduced Lunch Program is sent home with students for parents to fill out and return.

If you think your child may be eligible, request the forms from your school, today.